



Little Scrummers Rugby



Non Contact Rugby for Children 2 yrs to 6 yrs

About us:

Little Scrummers is an exciting idea based on non contact rugby for girls and boys aged 2 years to 6 years, which encourages them live a healthier life. It improves their gross motor skills, and sporting ability by introducing them to sport at an earlier age and also increases their confidence and self esteem. It has a positive effect on communication, behavioural and social skills.

Our aims:

Simple: To introduce younger children into the game of rugby at an earlier age, by equipping them with the basic skills that they can develop later at school or at club level.

In New Zealand children are encouraged to participate in Club Rugby from as young as 5 compared to 6 in the UK, and the results speak for themselves - we want to change this, and make the sport more accessible.

Little Scrummers and Chelmsford Rugby Club are now working together to help bring the exciting game of non contact rugby to the younger children who deserve that opportunity.

Chelmsford Rugby Club offer rugby coaching for all, from the age of 6 upwards.

Classes:

Saturdays - Chelmsford Rugby Club,
Coronation Park, Timsons Lane,
Chelmsford, CM2 6AG.

Sharks (2-3yrs) 9.00am – 9.45am,
Tigers (3-4yrs) 9.50am -10.40am,
Falcons (4-5yrs) 10.45am -11.40am

Clare St John Coleman, the (Under 6's) Coach of
Chelmsford Rugby Club can be contacted at
claresjc39@o2.co.uk

Sundays - Felsted Prep School Sports Hall,
Felsted, Essex, CM6 3JL

Sharks (2-3yrs) 9.15am - 10.00am,
Tigers (3-4yrs) 10.05am -10.55am,
Falcons (4-5yrs) 11.00am -11.55am,
Warriors (5-6yrs) 12.00pm – 13.00pm.

Cost: £20 annual membership fee, then £5 per class, payable in 6 week blocks, in advance.

As part of the membership fee your child will receive: A Little Scrummers T-Shirt, Rubgysack and Rugby Ball.

Contact us for more information:
Andrew Le Chevalier or Andy Poyser

07543 330713

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